STEP-UP Application

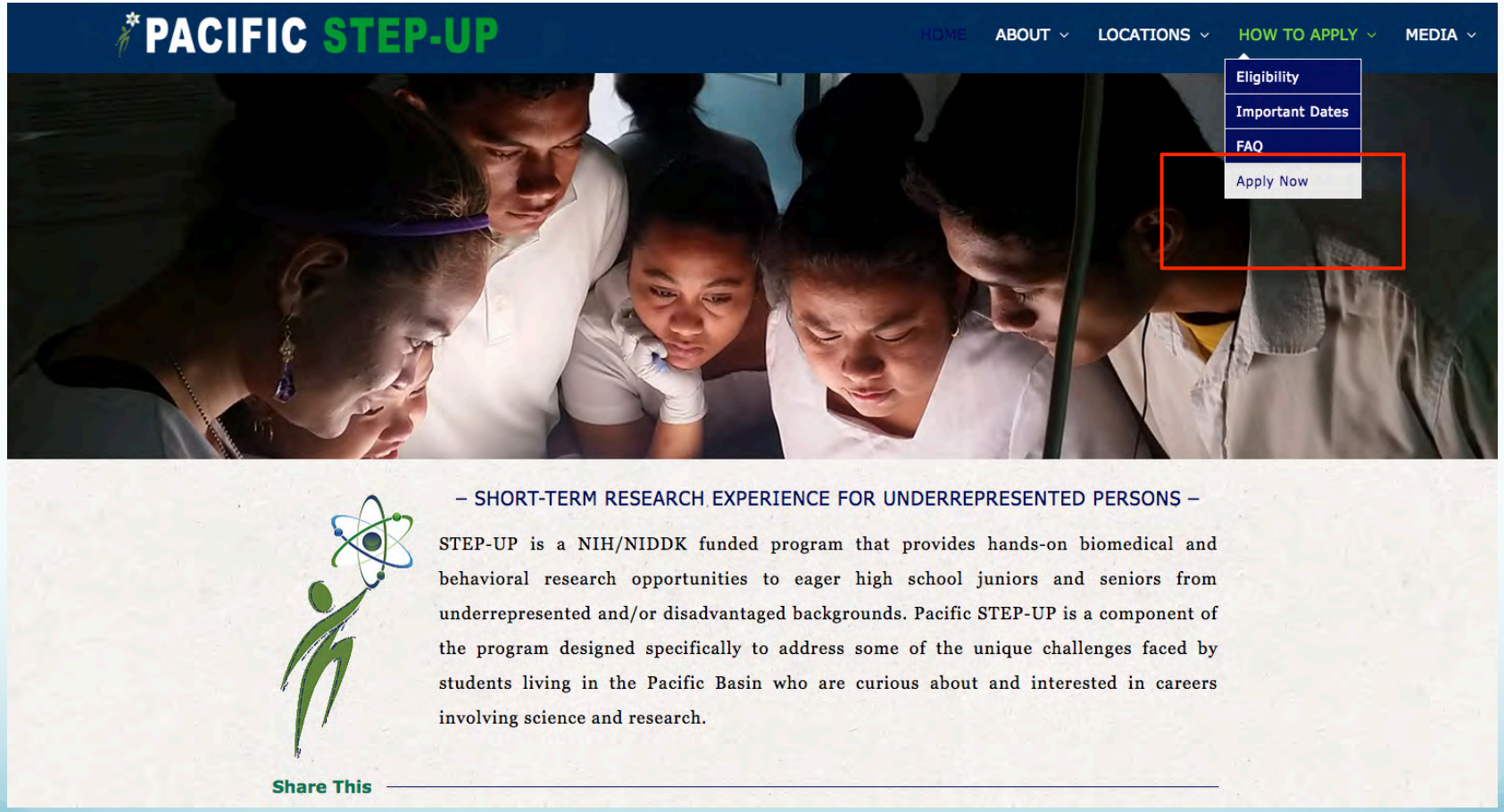
How to Apply

https://stepup.niddk.nih.gov/register

Revised November 2022

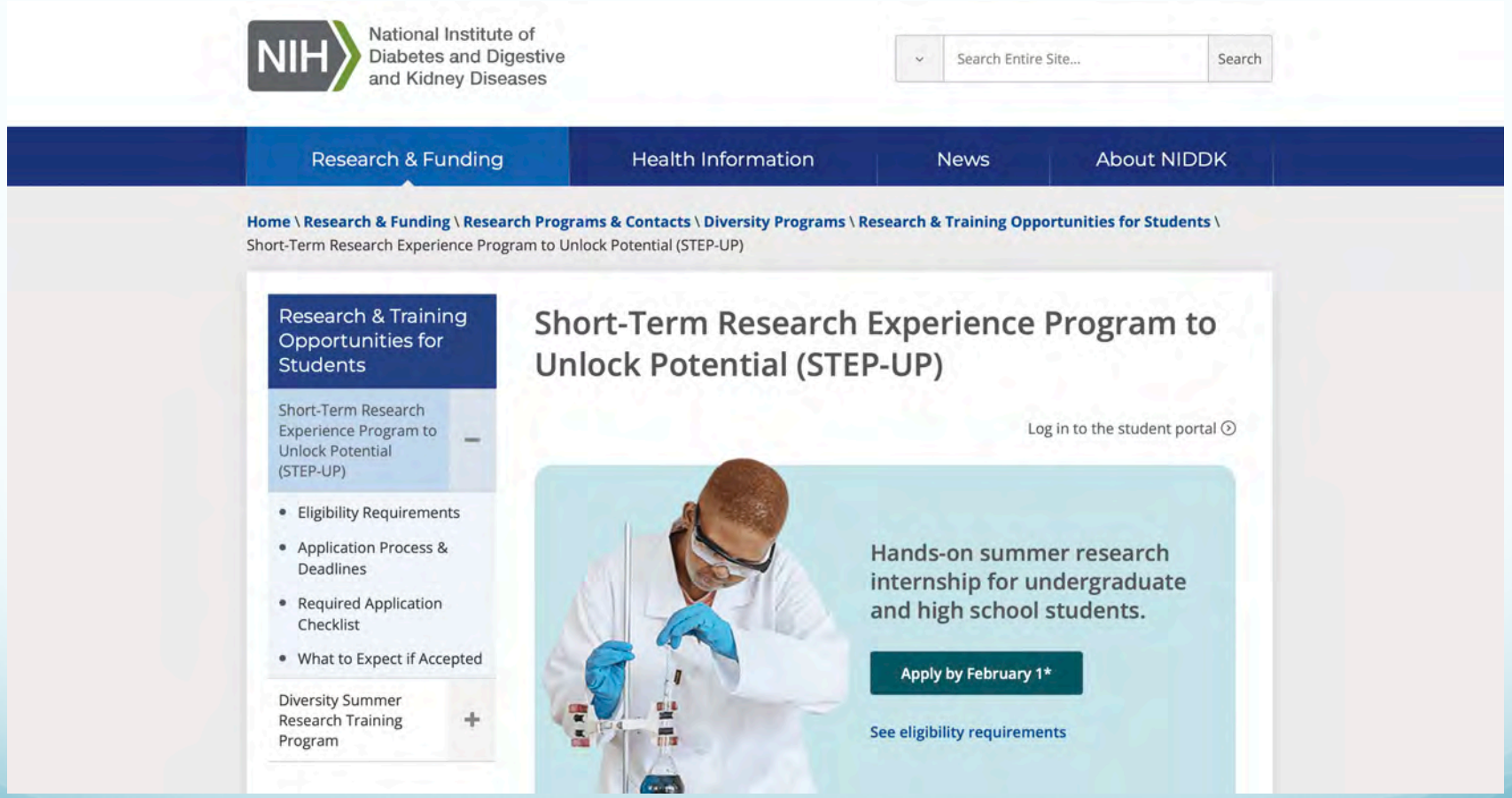
How to Apply

Connect to NIH/NIDDK webpage through pacificstepup.org



How to Apply

Click on the green button to apply

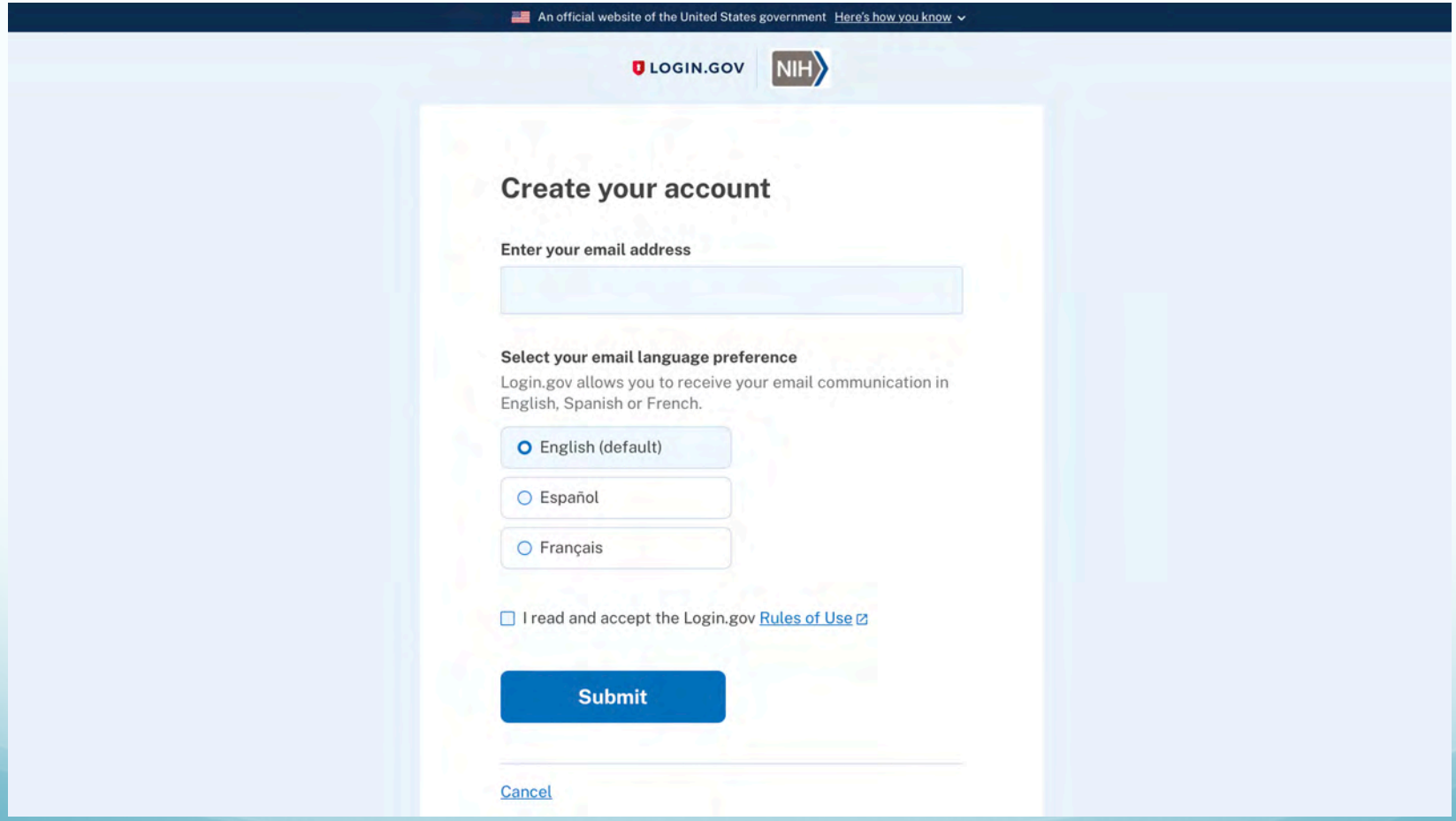


How to Apply: Create an Account

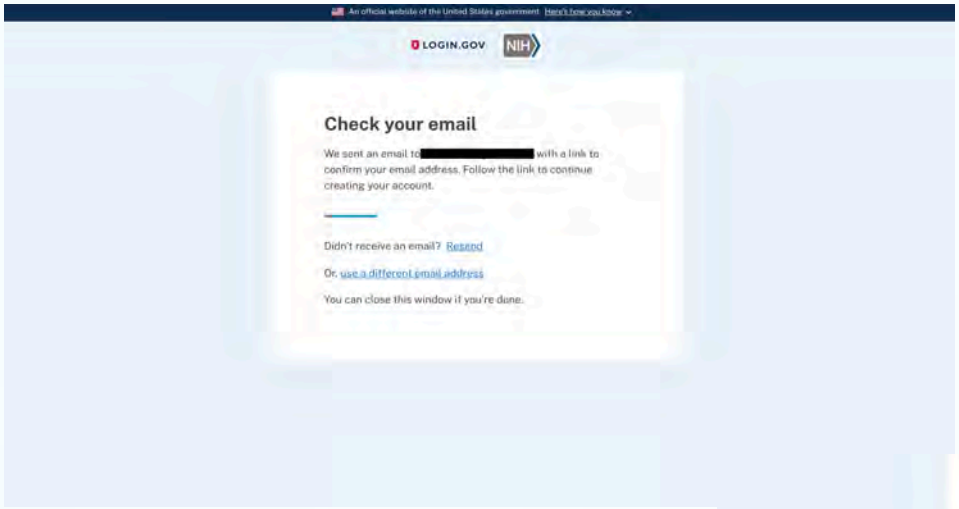
First, create an account to log in

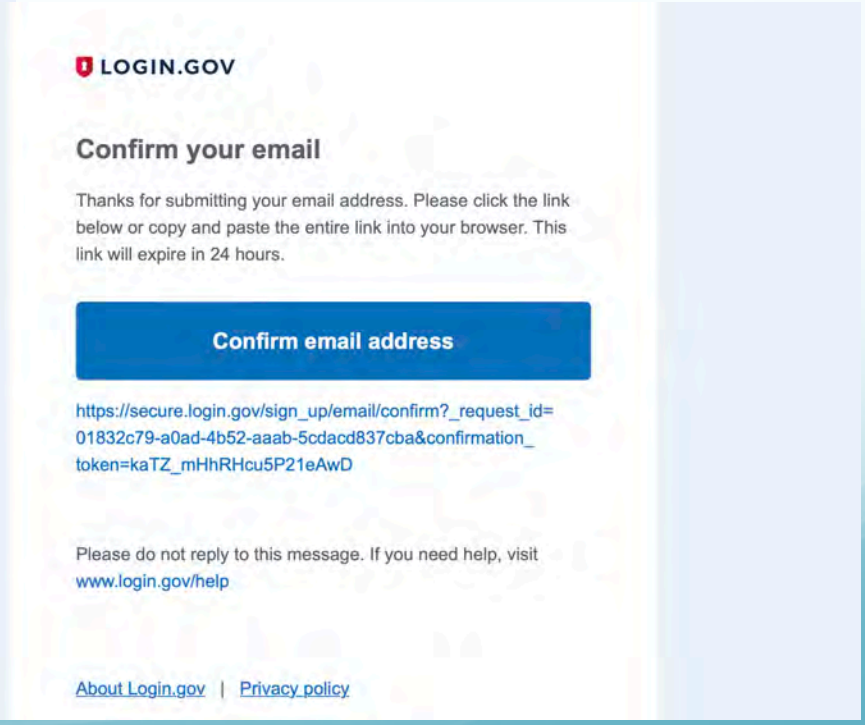
How to Apply: Create an Account

Enter your email, language preference and read Rules of Use



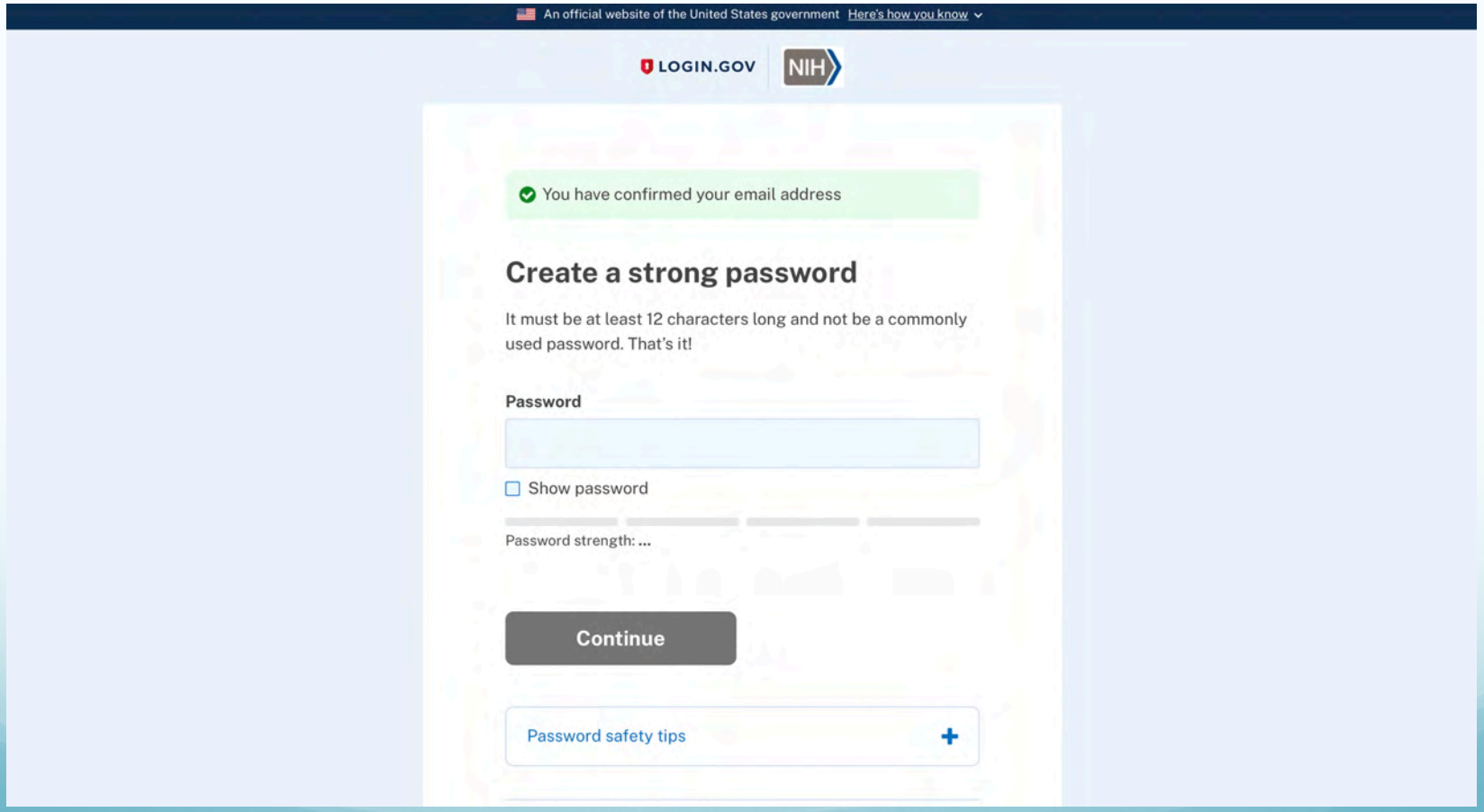
How to Apply: Confirm Account





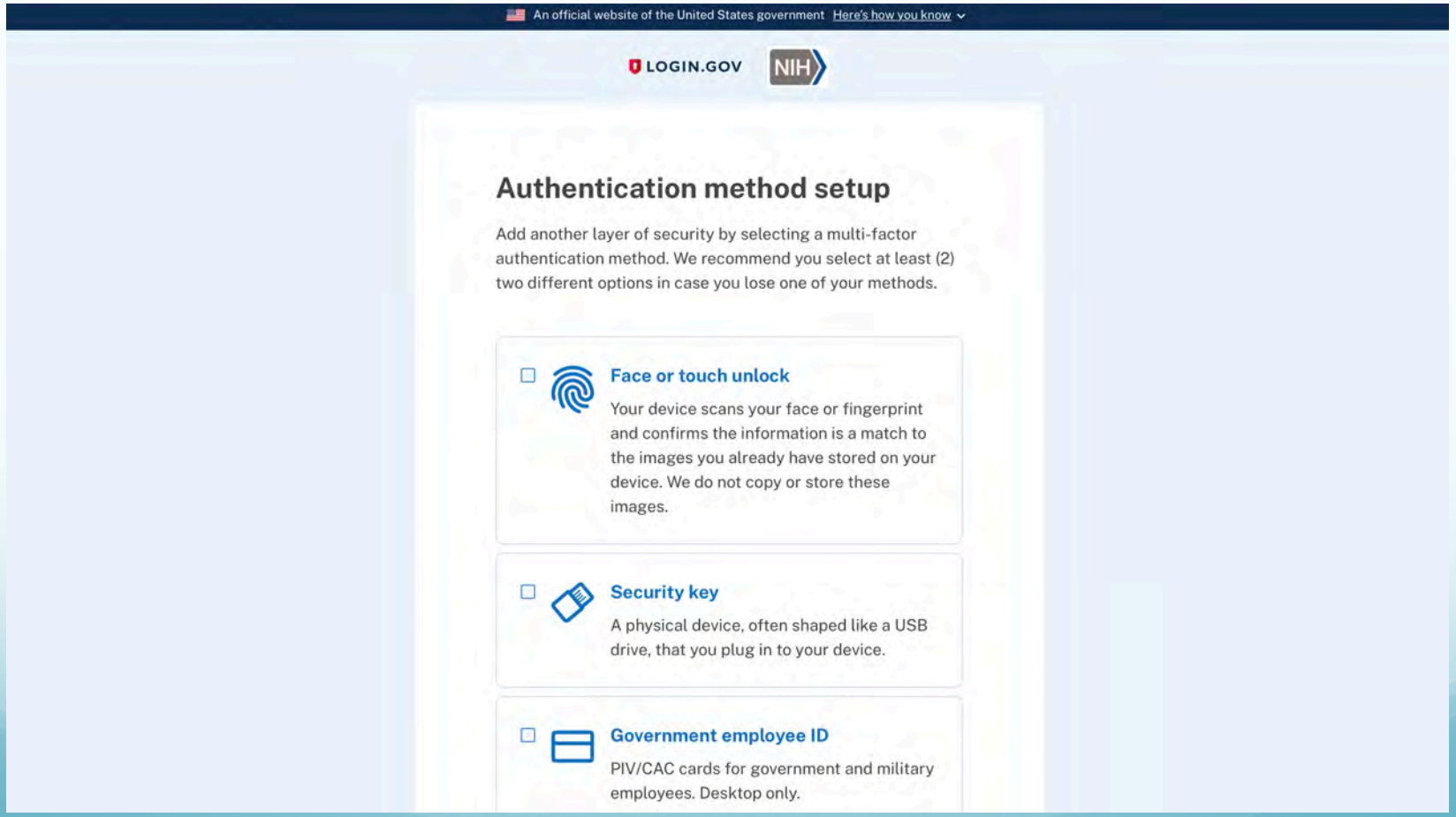
How to Apply: Create an Account

Create a password



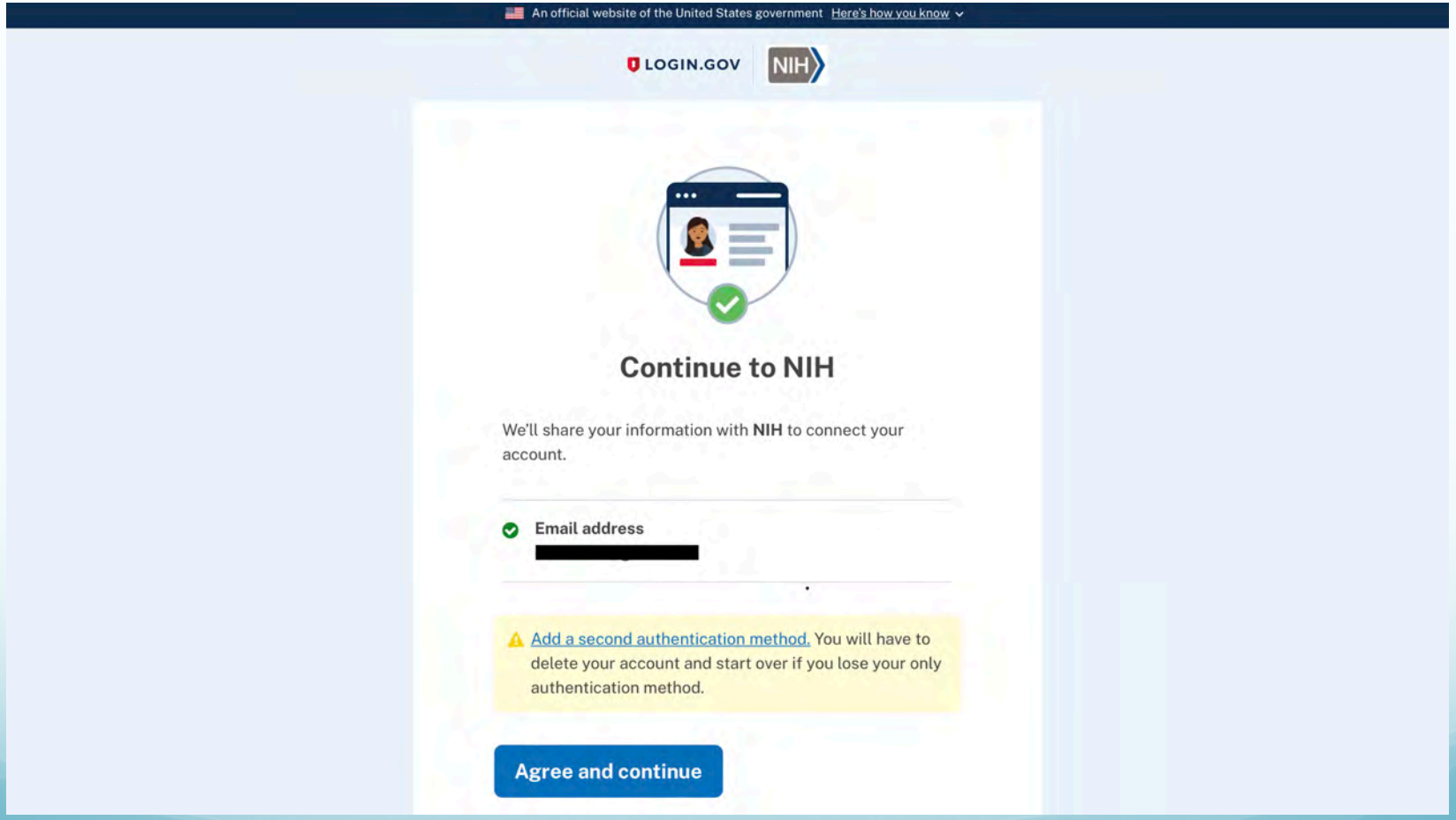
How to Apply: Create an Account

Pick an Authentication method



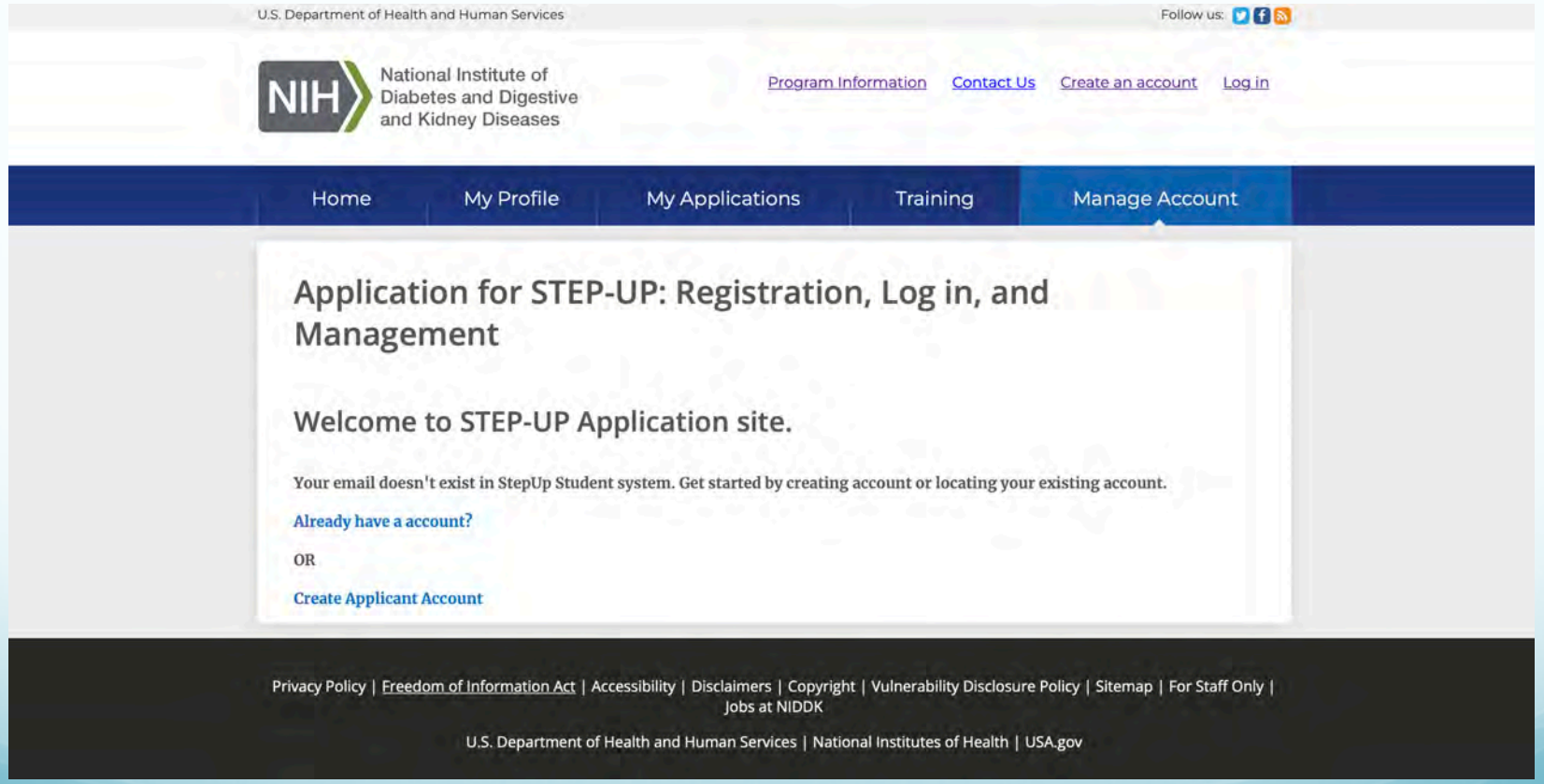
How to Apply: Create an Account

Agree and continue

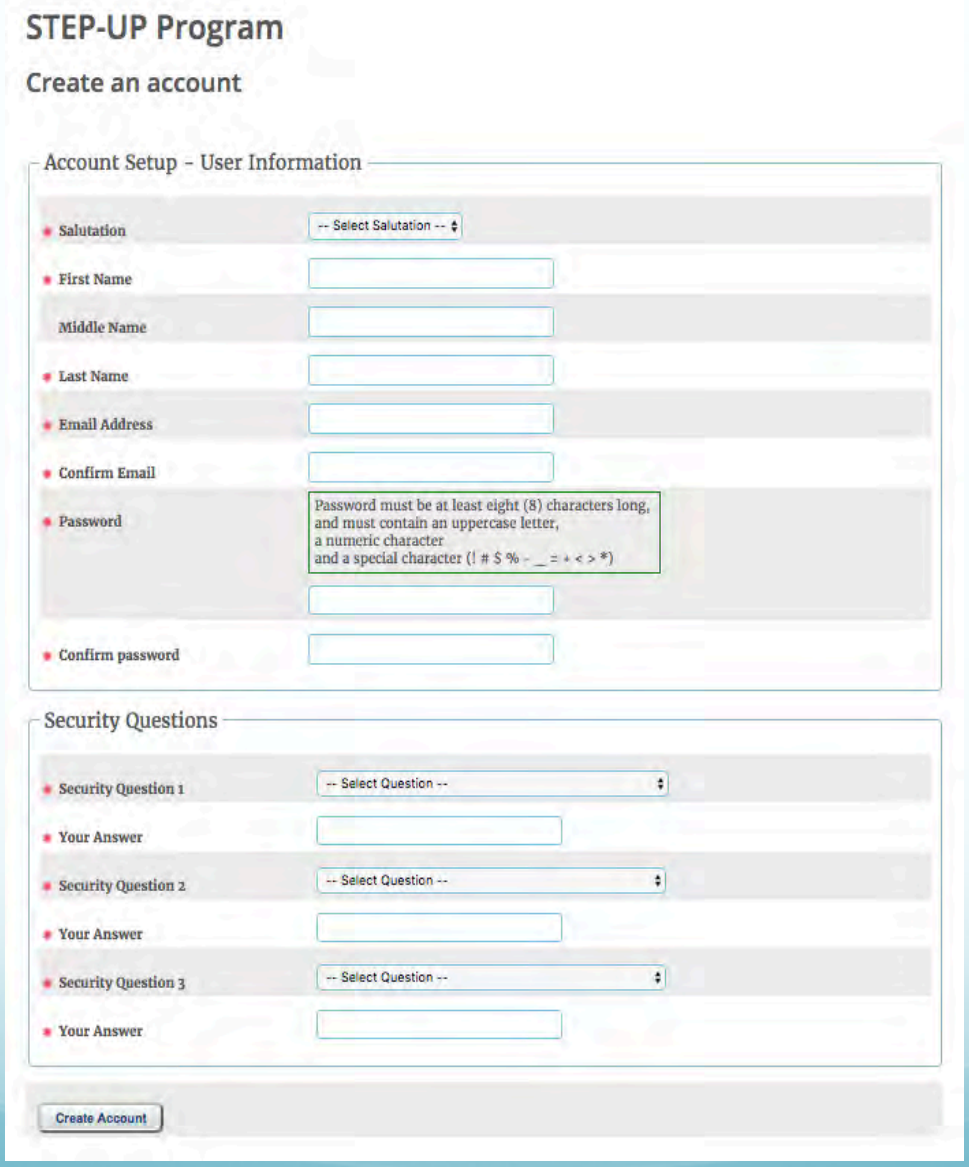


How to Apply: Create an Account

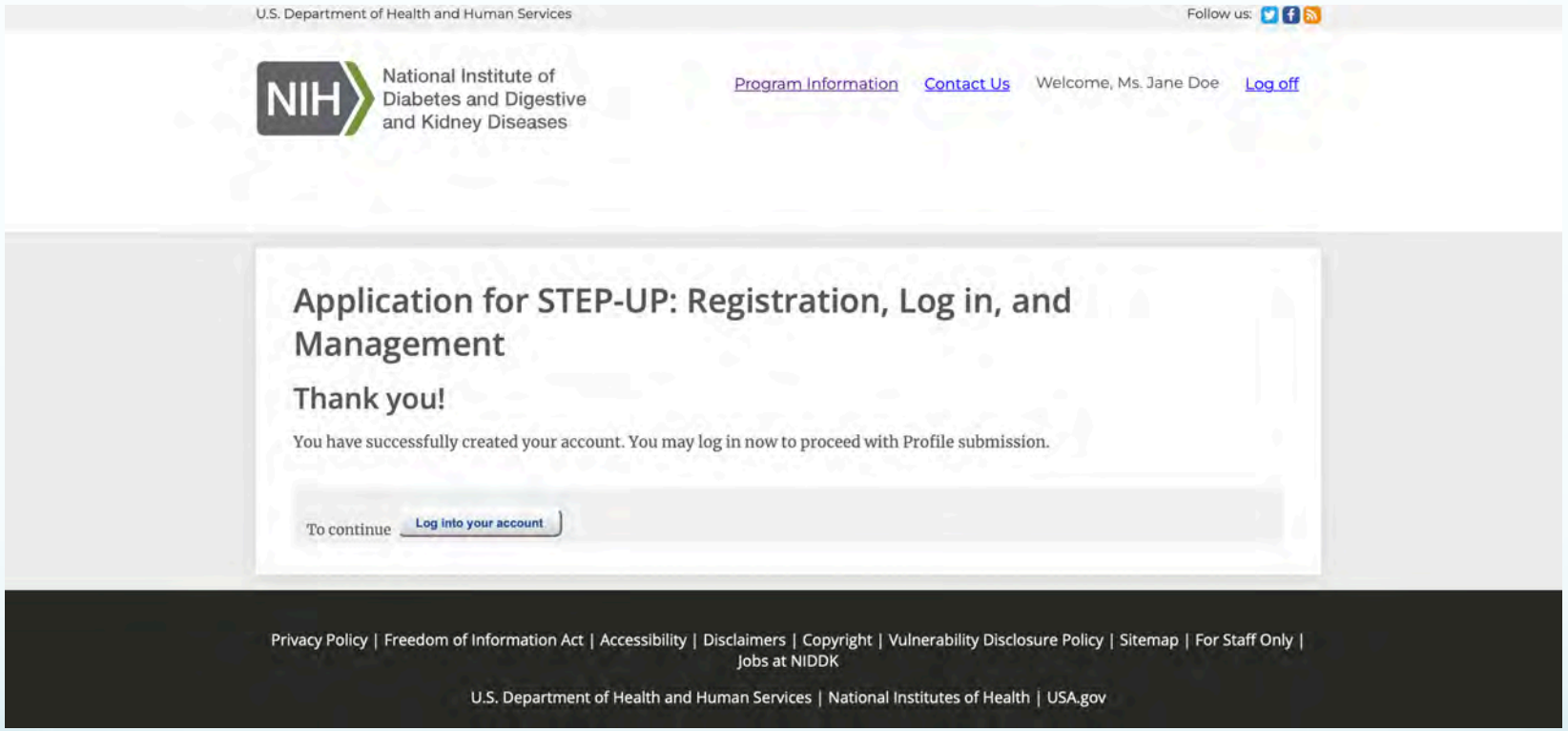
Register through the student portal



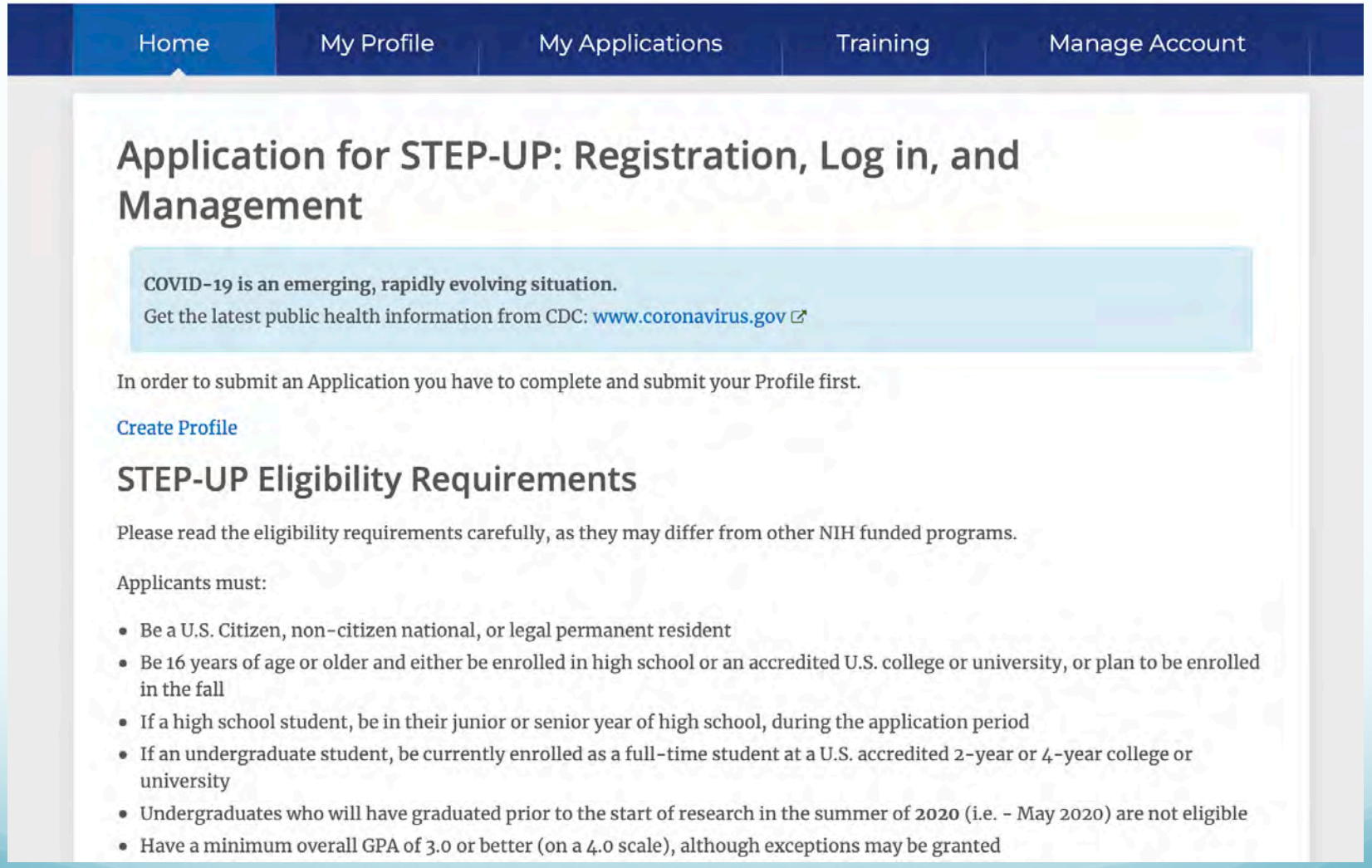
How to Apply: Create an Account



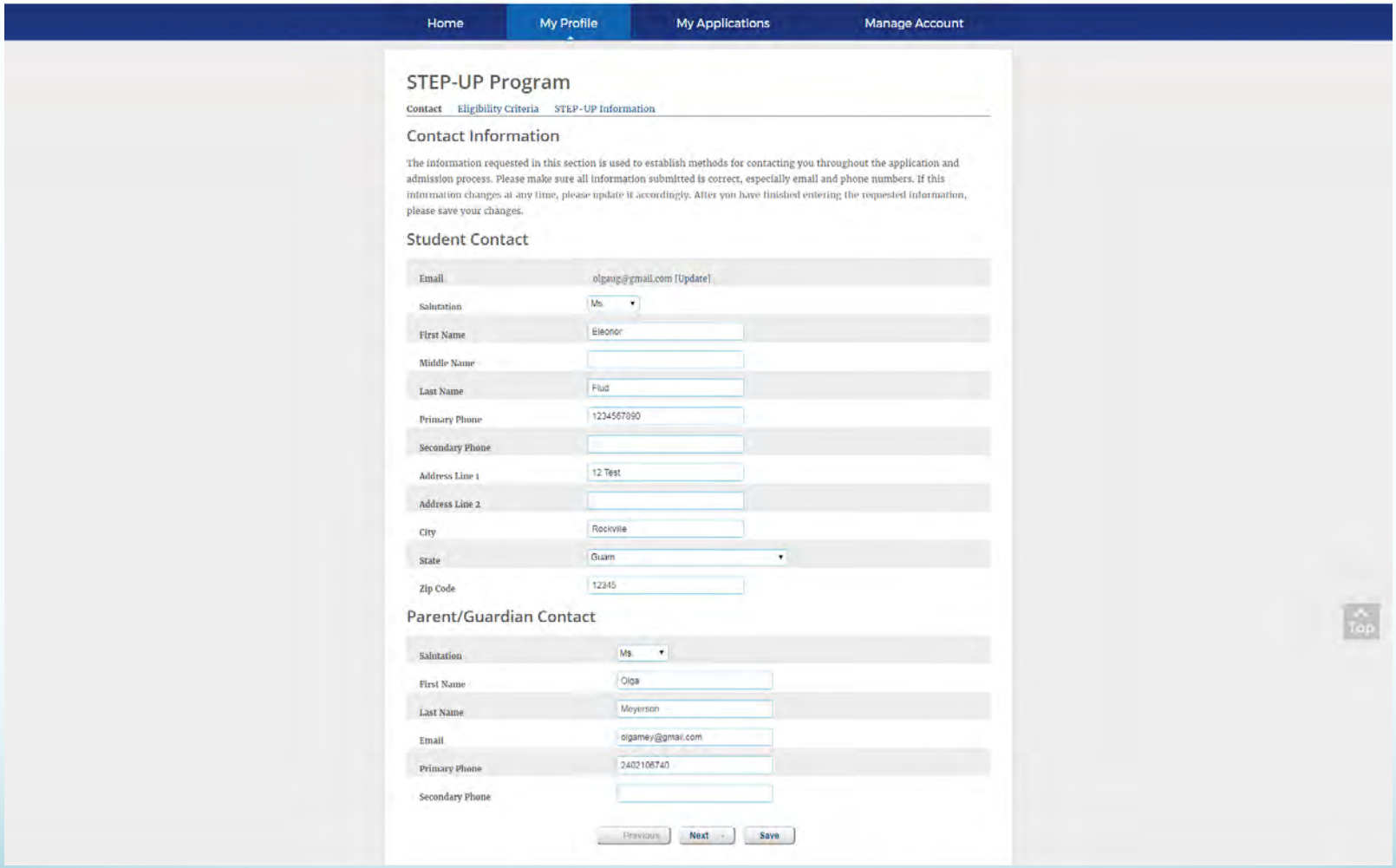
How to Apply: Create an Account



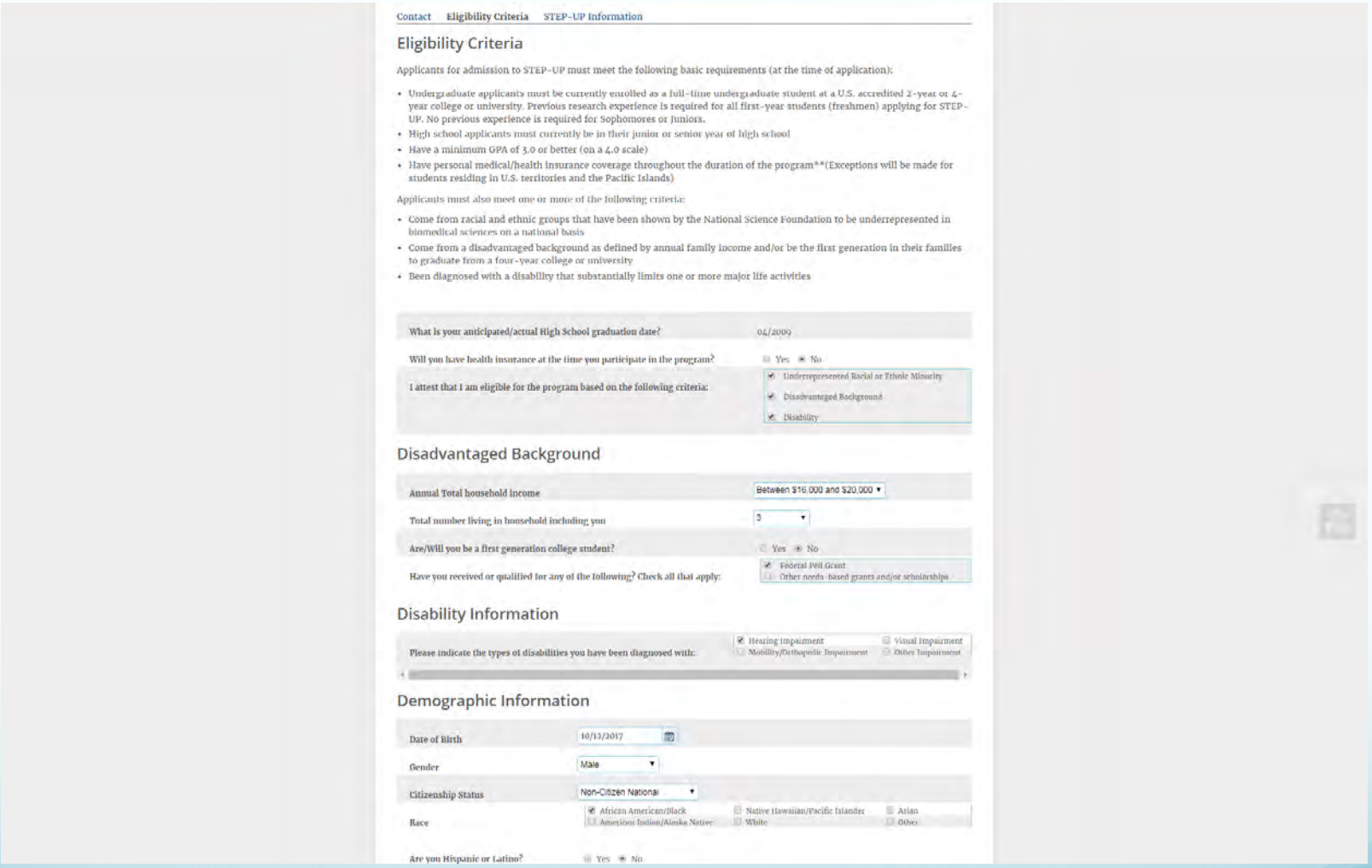
How to Apply: Confirm Account



How to Apply: Contact Information



How to Apply: Eligibility Requirements



Contact Eligibility Criteria STEP-UP Information

Eligibility Criteria

Applicants for admission to STEP-UP must meet the following basic requirements (at the time of application):

- Undergraduate applicants must be currently enrolled as a full-time undergraduate student at a U.S. accredited 2-year or 4-year college or university. Previous research experience is required for all first-year students (freshmen) applying for STEP-UP. No previous experience is required for Sophomores or Juniors.
- High school applicants must currently be in their junior or senior year of high school
- Have a minimum GPA of 3.0 or better (on a 4.0 scale)
- Have personal medical/health insurance coverage throughout the duration of the program**(Exceptions will be made for students residing in U.S. territories and the Pacific Islands)

Applicants must also meet one or more of the following criteria:

- Come from racial and ethnic groups that have been shown by the National Science Foundation to be underrepresented in biomedical sciences on a national basis
- Come from a disadvantaged background as defined by annual family income and/or be the first generation in their families to graduate from a four-year college or university
- Been diagnosed with a disability that substantially limits one or more major life activities

What is your anticipated/actual High School graduation date? 04/2009

Will you have health insurance at the time you participate in the program? Yes No

I attest that I am eligible for the program based on the following criteria: Underrepresented Racial or Ethnic Minority; Disadvantaged Background; Disability

Disadvantaged Background

Annual Total household income: Between $16,000 and $20,000

Total number living in household including you: 3

Are/Will you be a first generation college student? Yes No

Have you received or qualified for any of the following? Check all that apply: Federal Pell Grant; Other needs-based grants and/or scholarships

Disability Information

Please indicate the types of disabilities you have been diagnosed with: Hearing Impairment; Visual Impairment; Mobility/Orthopedic Impairment; Other Impairment

Demographic Information

Date of Birth: 10/13/2017

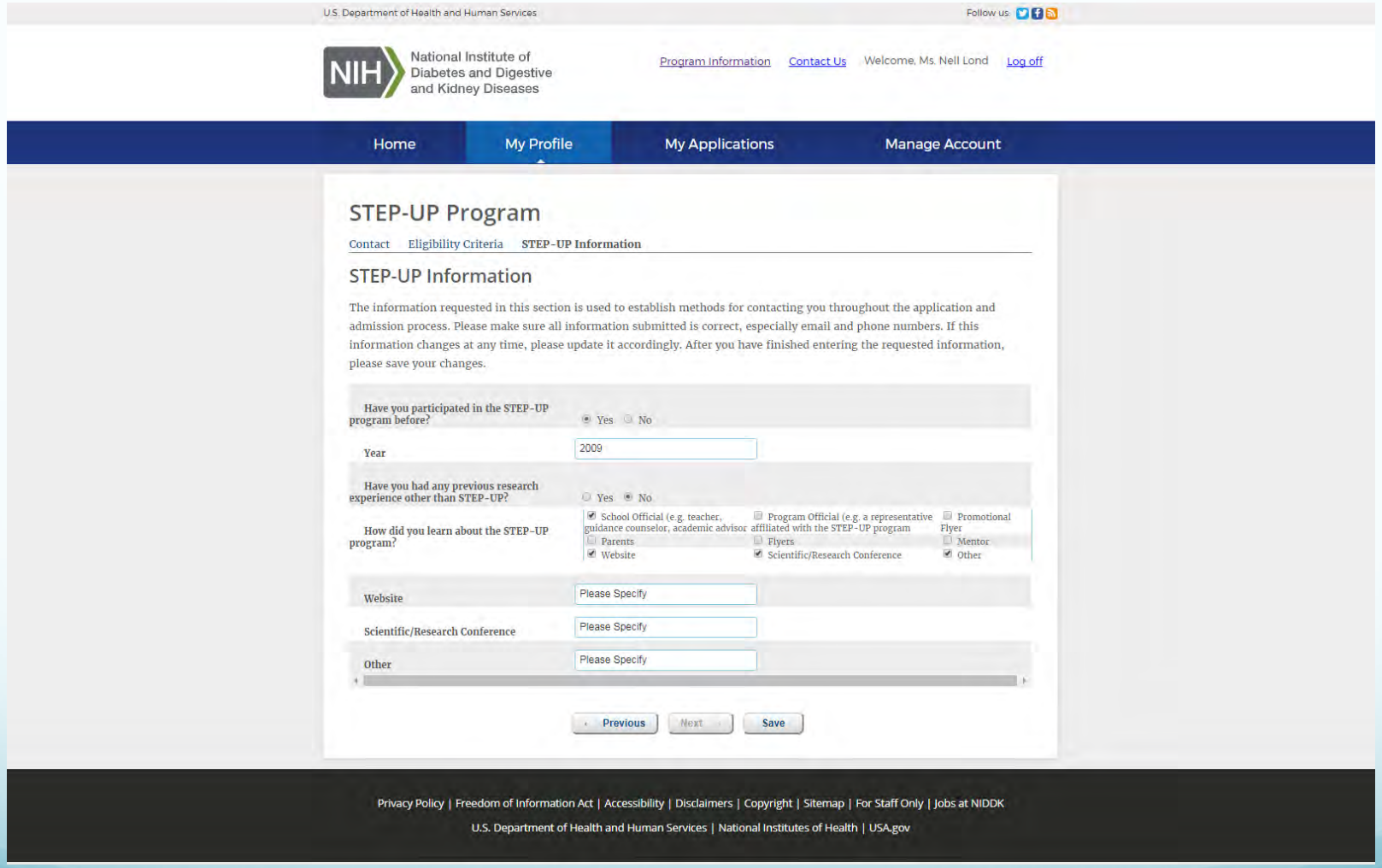
Gender: Male

Citizenship Status: Non-Citizen National

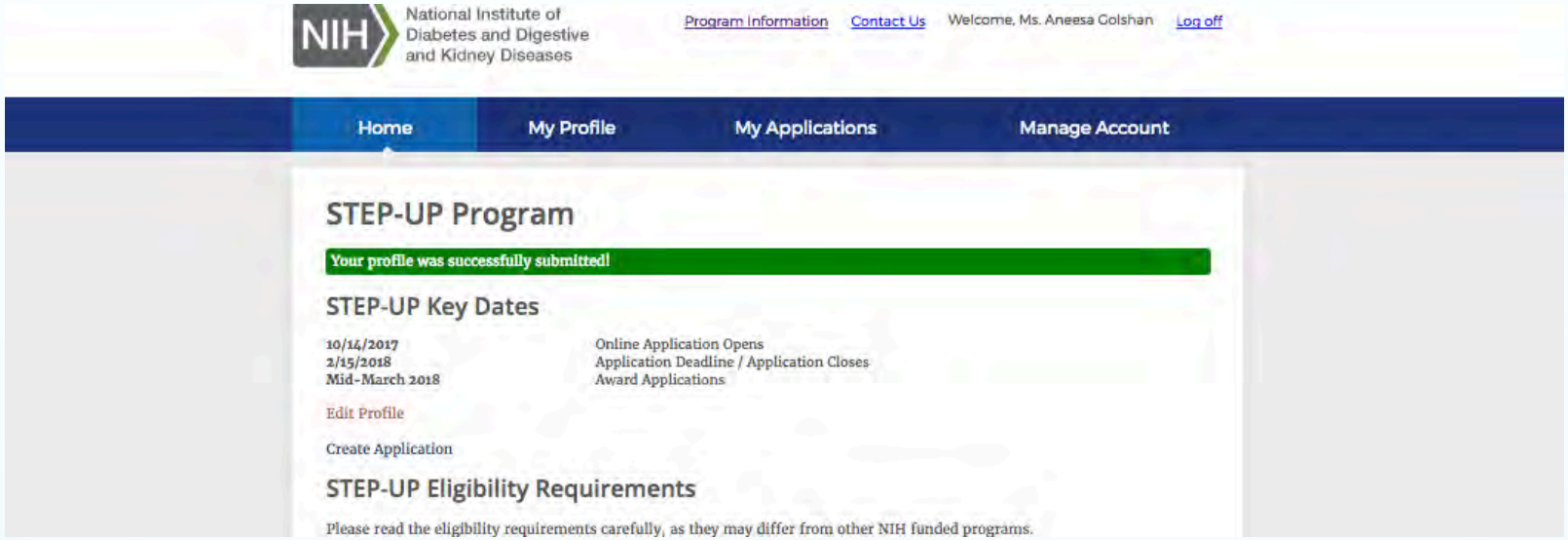
Race: African American/Black; American Indian/Alaska Native; Native Hawaiian/Pacific Islander; White; Asian; Other

Are you Hispanic or Latino? Yes No

How to Apply: STEP-UP Information



How to Apply: Create Application

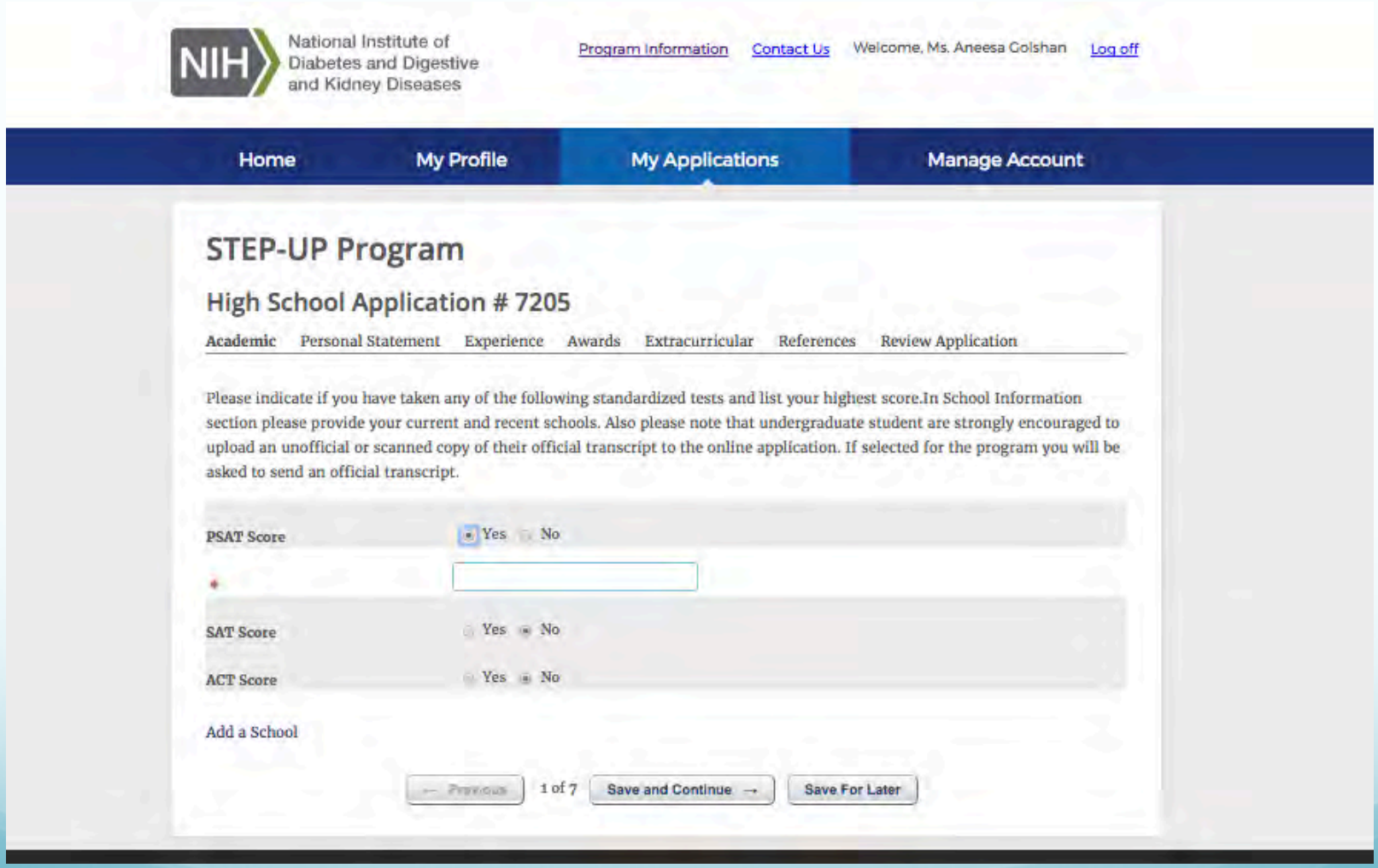


How to Apply

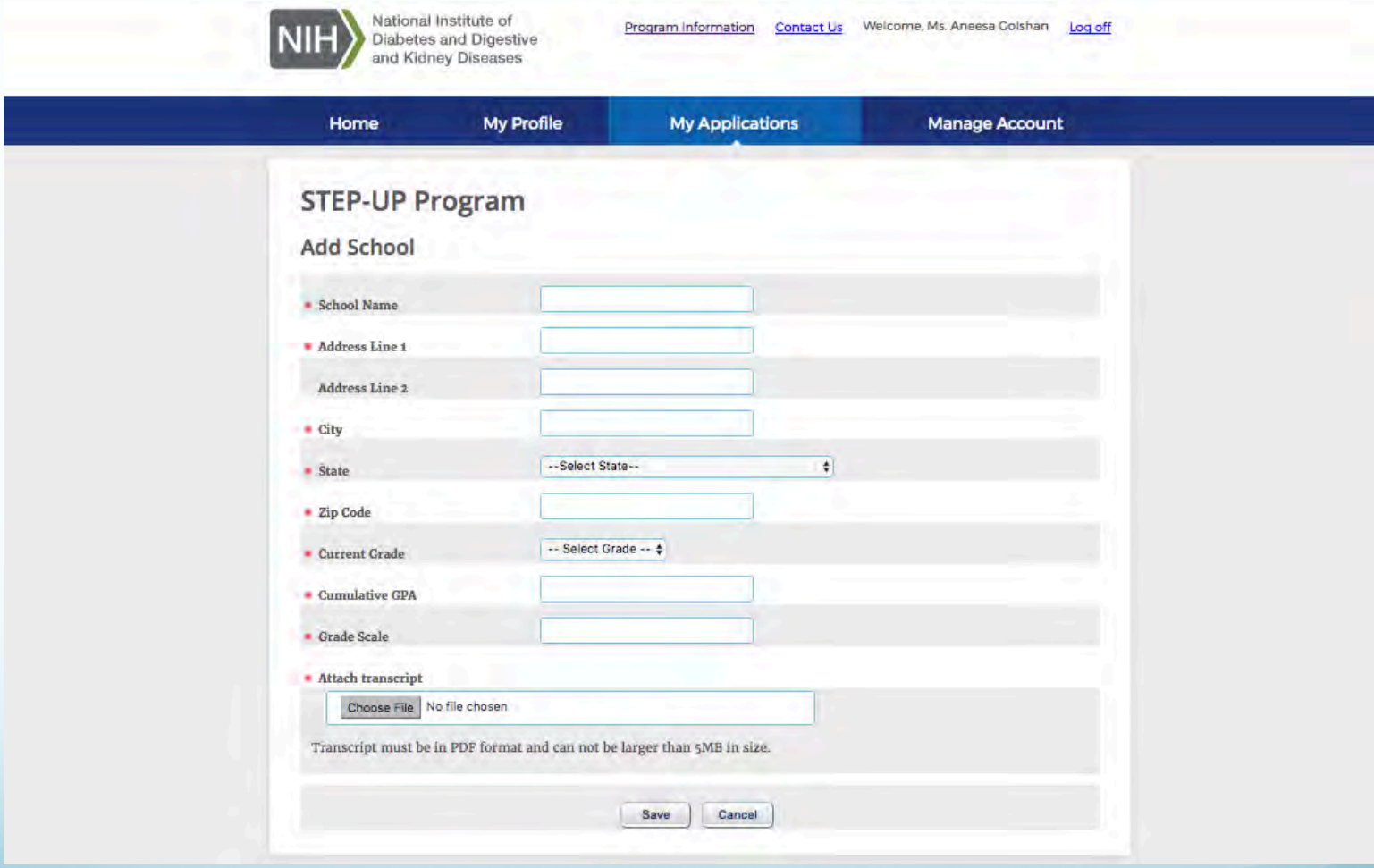
Academics

- Test scores
- Add school information
- *Official transcripts are required*
  - Transcripts must be uploaded online
    Exceptions will be made for high school students
    - Mailing address can be found at the end of the application
    - Must be received by February 15th

How to Apply: Test Scores



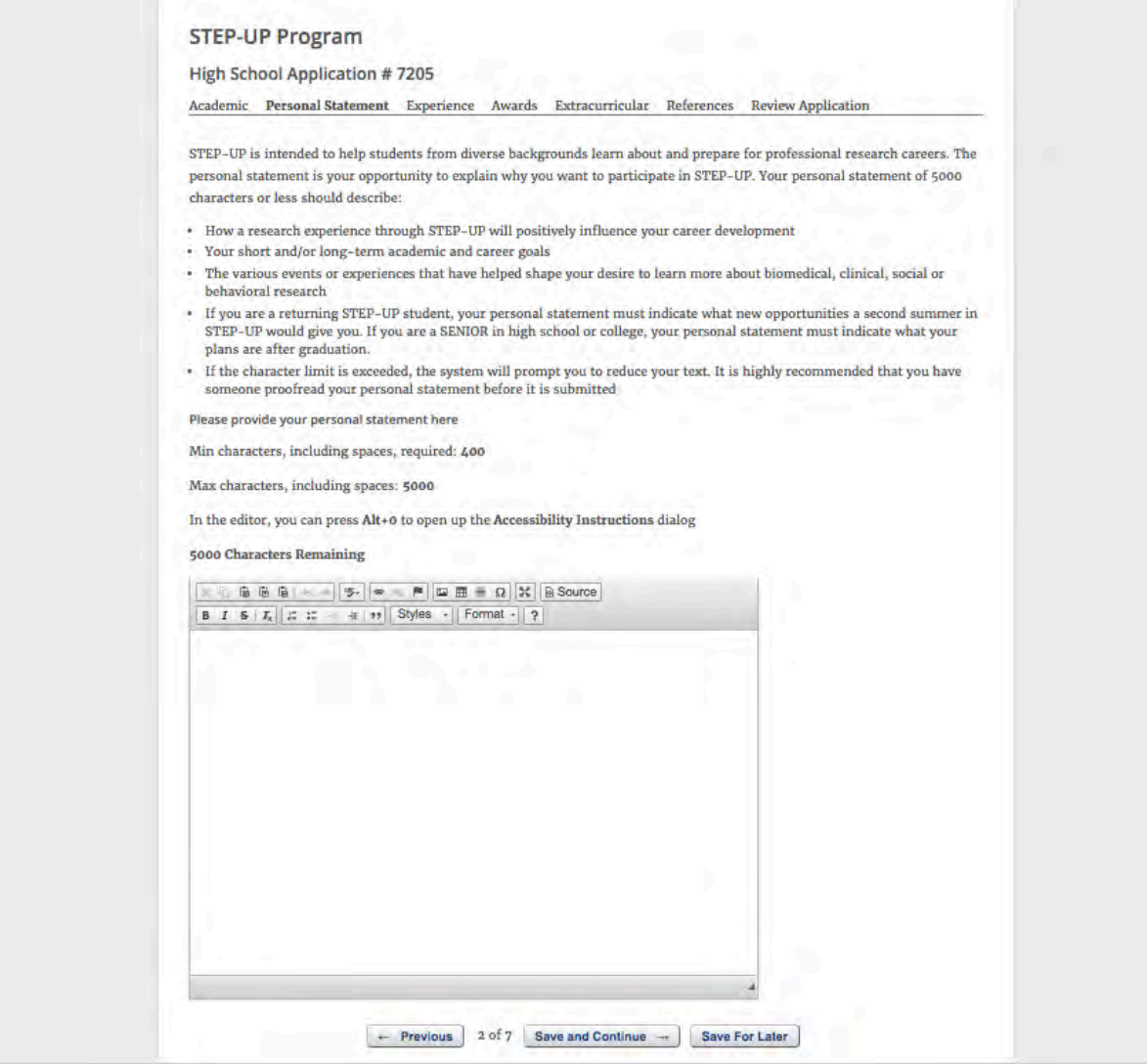
How to Apply: High School



How to Apply

- Personal Statement
  - MOST IMPORTANT PART of the application
  - Why are you interested in STEP-UP?
  - How will this program help you achieve your goals?
    - Think about research as a tool
    - Think about your short and long term goals

How to Apply : Personal Statement



STEP-UP Program

High School Application # 7205

Academic **Personal Statement** Experience Awards Extracurricular References Review Application

STEP-UP is intended to help students from diverse backgrounds learn about and prepare for professional research careers. The personal statement is your opportunity to explain why you want to participate in STEP-UP. Your personal statement of 5000 characters or less should describe:

- How a research experience through STEP-UP will positively influence your career development
- Your short and/or long-term academic and career goals
- The various events or experiences that have helped shape your desire to learn more about biomedical, clinical, social or behavioral research
- If you are a returning STEP-UP student, your personal statement must indicate what new opportunities a second summer in STEP-UP would give you. If you are a SENIOR in high school or college, your personal statement must indicate what your plans are after graduation.
- If the character limit is exceeded, the system will prompt you to reduce your text. It is highly recommended that you have someone proofread your personal statement before it is submitted

Please provide your personal statement here

Min characters, including spaces, required: **400**

Max characters, including spaces: **5000**

In the editor, you can press **Alt+0** to open up the **Accessibility Instructions** dialog

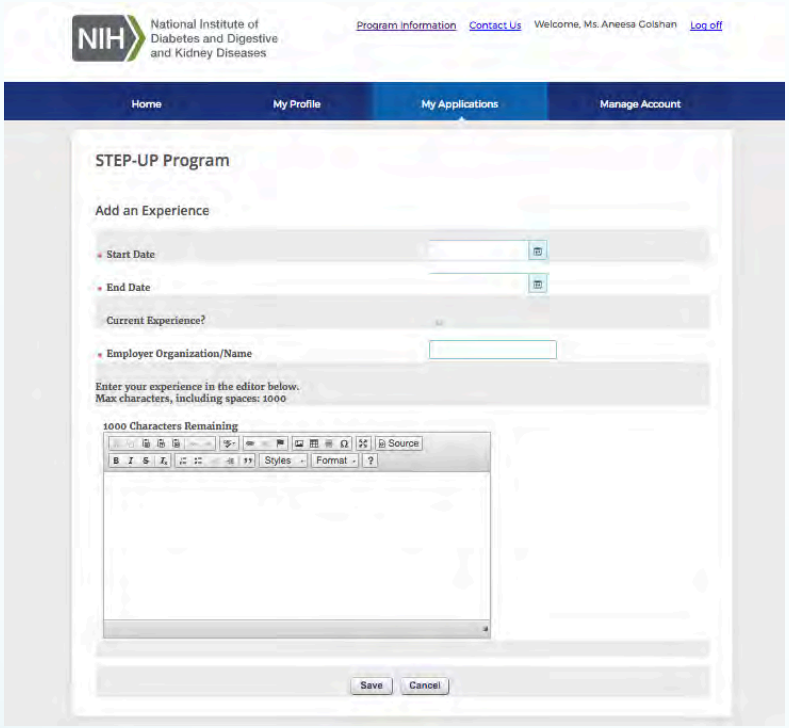
5000 Characters Remaining

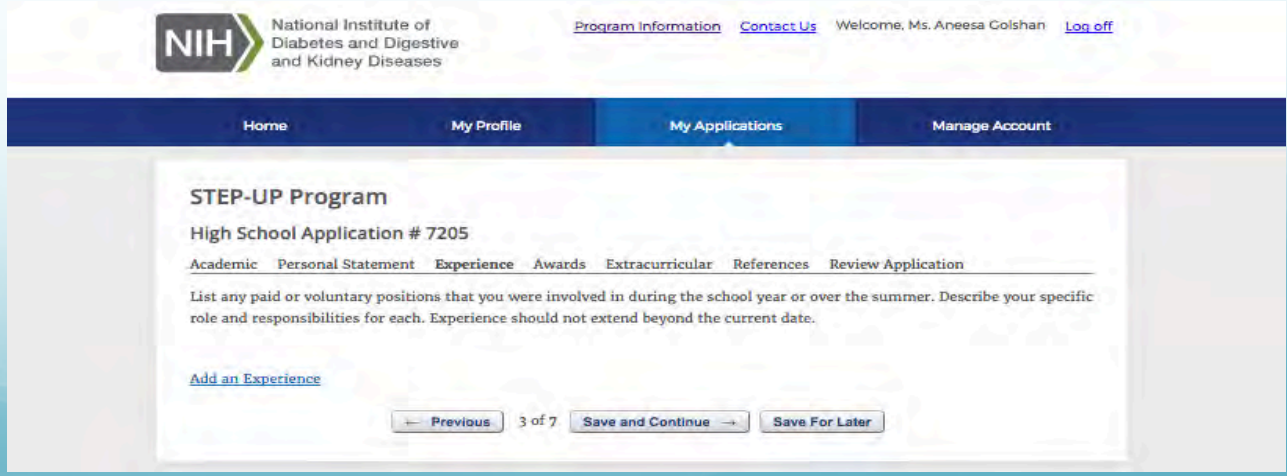
Source

Styles Format ?

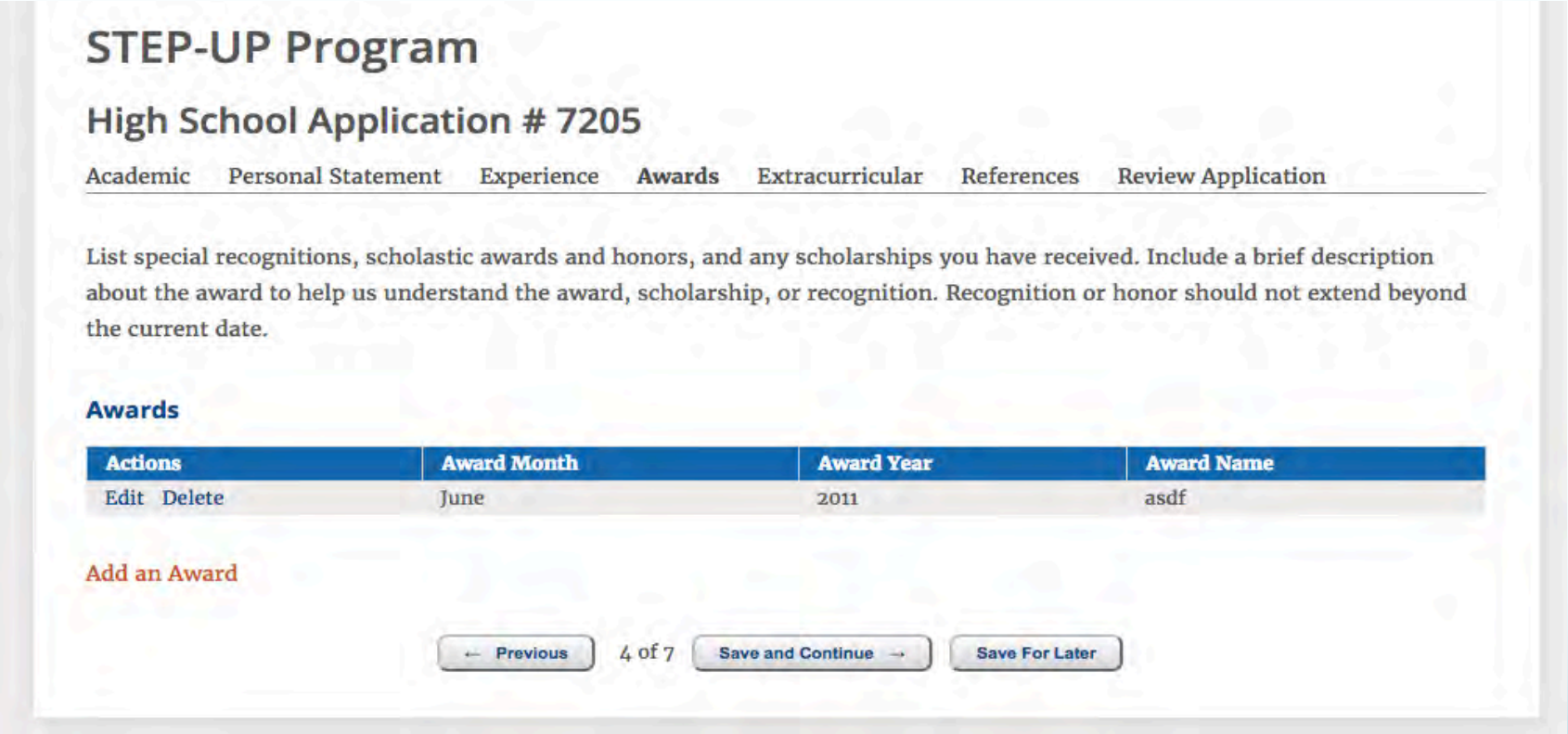
← Previous 2 of 7 Save and Continue → Save For Later

How to Apply: Adding Experiences





How to Apply: Adding Awards



STEP-UP Program

High School Application # 7205

Academic Personal Statement Experience **Awards** Extracurricular References Review Application

List special recognitions, scholastic awards and honors, and any scholarships you have received. Include a brief description about the award to help us understand the award, scholarship, or recognition. Recognition or honor should not extend beyond the current date.

Awards

Actions	Award Month	Award Year	Award Name
Edit Delete	June	2011	asdf

Add an Award

← Previous 4 of 7 Save and Continue → Save For Later

How to Apply: Adding Extracurricular Activities

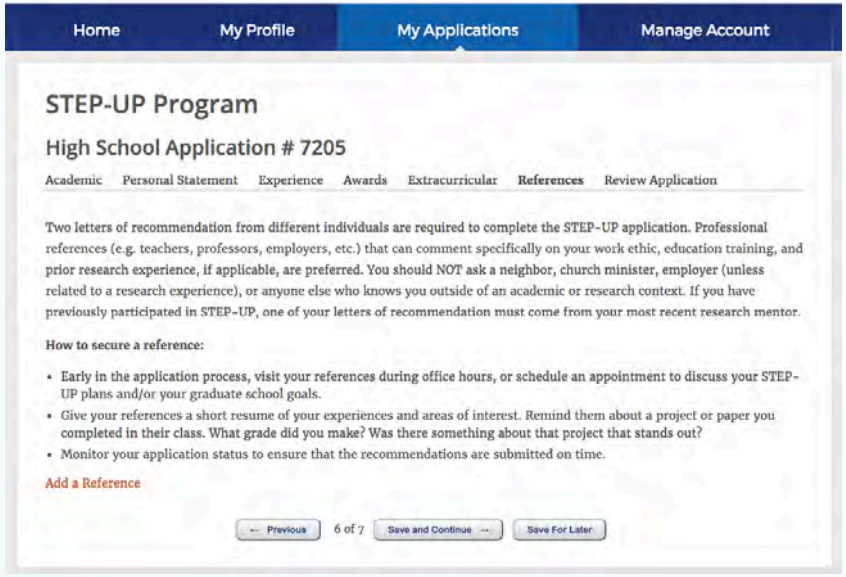
- Sports
- Music
- School clubs
- Boy Scouts or Girl Scouts
- Other organizations
- Specify leadership position held, if applicable

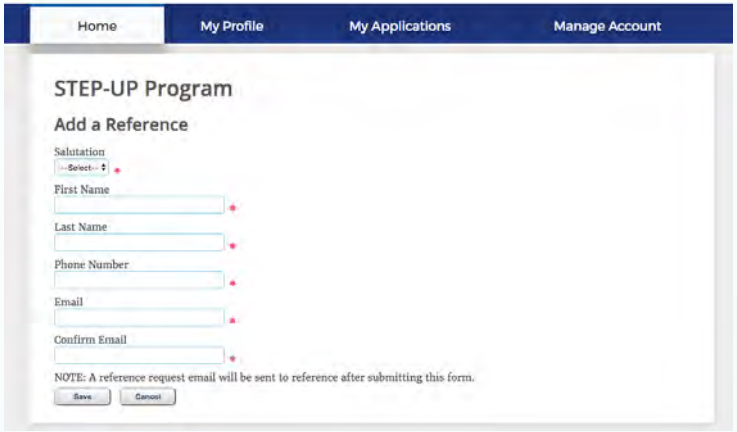
How to Apply: Adding Extracurricular Activities

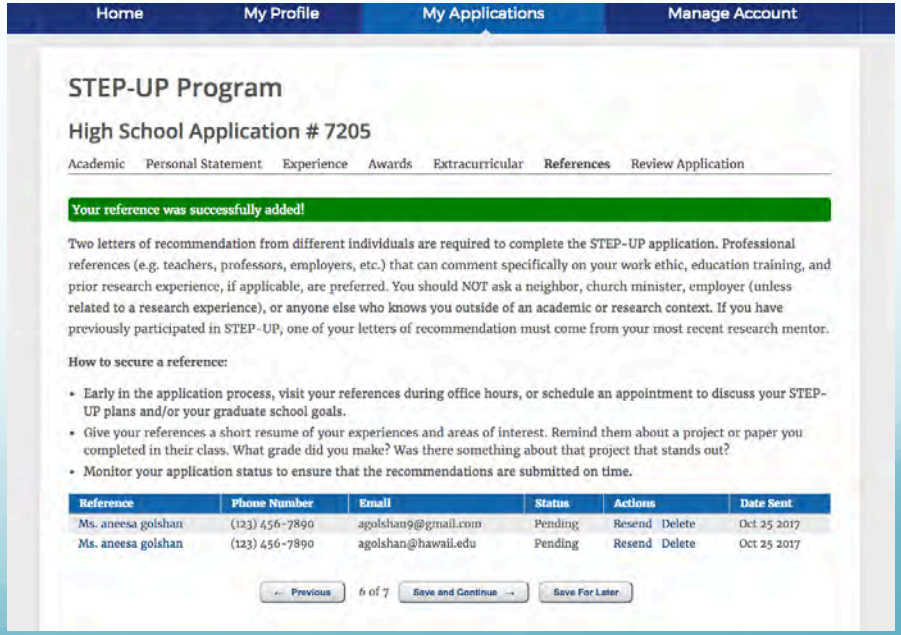
How to Apply

- Must add TWO references
- Acceptable references:
  - Teachers
  - Professors
  - Relevant employer
  - Past mentor (Past STEP-UP participants must have at least one letter from their most recent STEP-UP Research Mentor)
- Upon submission of information, reference should receive an email for letter of recommendation upload
  - CONFIRM with reference that they have received this email
  - CONFIRM application deadline with reference
  - Hard copies will not be accepted
- You CANNOT edit a reference once submitted
  - Must delete and re-add to make changes

How to Apply: Adding References



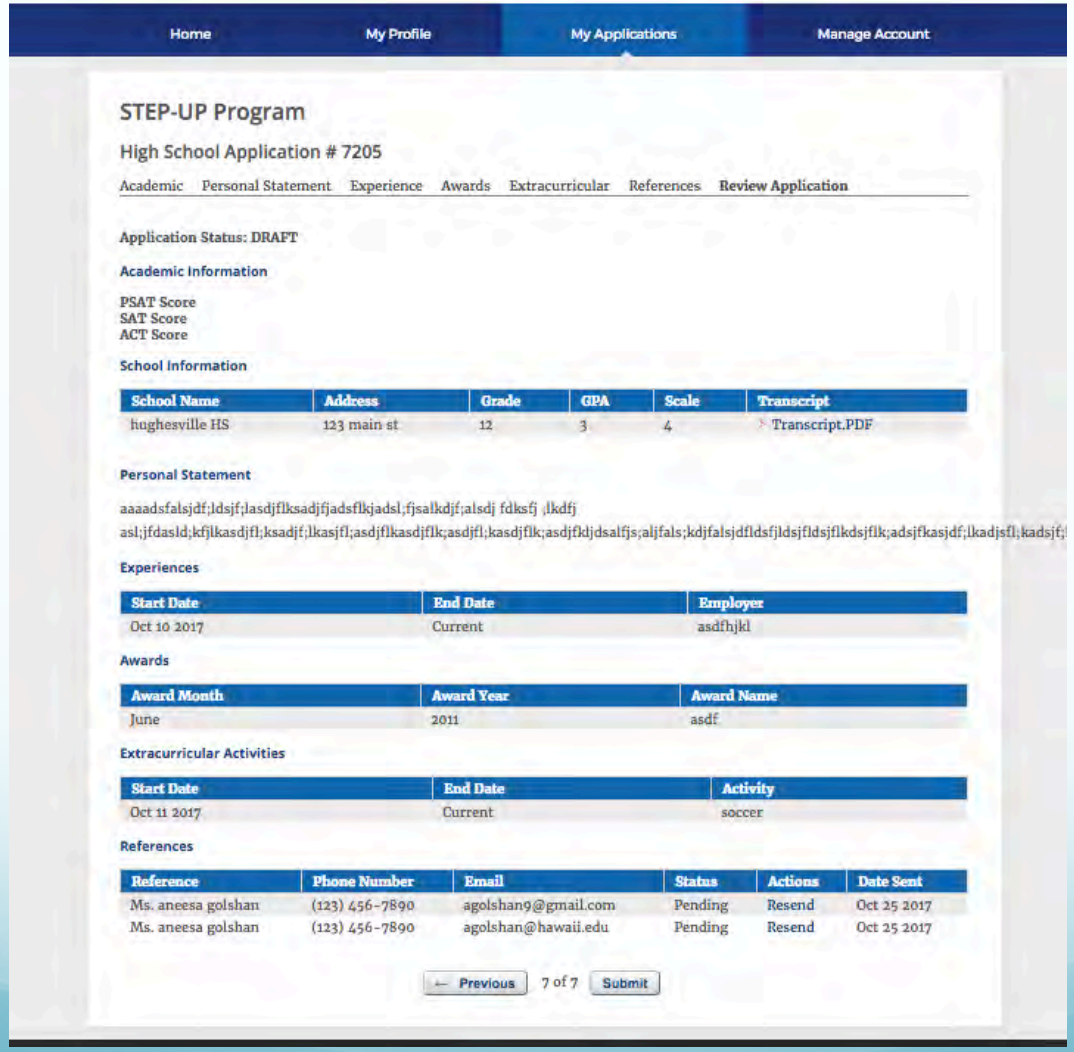




REMEMBER:

REVIEW ALL PARTS OF APPLICATION

How to Apply: REVIEW and Submit



Home | My Profile | My Applications | Manage Account

STEP-UP Program

High School Application # 7205

Academic | Personal Statement | Experience | Awards | Extracurricular | References | **Review Application**

Application Status: DRAFT

Academic Information

PSAT Score
SAT Score
ACT Score

School Information

School Name	Address	Grade	GPA	Scale	Transcript
hughesville HS	123 main st	12	3	4	Transcript.PDF

Personal Statement

aaaadsfalsjdf;ldsjf;lasdjflksadjfjadsflkjadsl;fjsalkdjf;alsdj fdksfj ,lkdfj
asl;jfdasld;kfjlkasdjfl;ksadjf;lkasjfl;asdjflkasdjflk;asdjfl;kasdjflk;asdjfkljdsalfjs;aljfals;kdjfalsjdfldsfjldsjfldsjflkdsjflk;adsjfkasjdf;lkadjsfl;kadsjf;

Experiences

Start Date	End Date	Employer
Oct 10 2017	Current	asdfhjkl

Awards

Award Month	Award Year	Award Name
June	2011	asdf

Extracurricular Activities

Start Date	End Date	Activity
Oct 11 2017	Current	soccer

References

Reference	Phone Number	Email	Status	Actions	Date Sent
Ms. aneesa golshan	(123) 456-7890	agolshan9@gmail.com	Pending	Resend	Oct 25 2017
Ms. aneesa golshan	(123) 456-7890	agolshan@hawaii.edu	Pending	Resend	Oct 25 2017

← Previous | 7 of 7 | Submit

GOOD LUCK!!!